

# 第四届“广州营养与健康国际学术研讨会”暨中国 营养学会老年营养分会 2016 年年会

会议日程 2016. 11. 16-19

## 11月16日 星期三

14:00 22:30 报到与注册

## 11月17日 星期四

7:30 8:30 报到与注册

**17-Nov 8:30-12:20am**

8:30 8:50 大会开幕式

8:50 9:20 **老年人群的营养关注问题**

**Prof. Katherine L. Tucker** 美国麻省大学/马萨诸塞大学洛厄尔临床实验室和营养科学部

9:20 9:50 **营养素给予时机对骨骼肌及瘦体增长中蛋白质合成的影响**

**Prof. Teresa A. Davis** 美国贝勒 (Baylor) 医学院儿童营养中心

9:50 10:20 **中国注册营养师的工作进展及思考**

杨月欣研究员 中国 CDC 营养与食品安全所, 中国营养学会

10:20 10:40 茶歇和嘉宾合照

10:40 11:10 **铁状态的遗传决定因素和对亚洲人慢性疾病风险的潜在影响**

**Prof. Kimberly O'Brien** 美国纽约康奈尔 (Cornell) 大学营养学系

11:10 11:40 **健康中国 2030-营养的机遇与挑战**

杨晓光研究员 中国 CDC 营养与食品安全所,

11:40 12:10 **减盐预防心脑血管病的人群研究**

武阳丰教授 北京大学临床研究所

12:10 12:20 Q&A

12:20 13:30 午餐

**17- Nov 13:30-17:30pm (汤臣倍健论坛)**

13:30 14:00 **医用食品在早期阿尔兹海默症等脑病干预中的应用**

倪嘉纘院士 深圳大学生命科学学院教授, 中国科学院院士

14:00 14:30 **遗传及非遗传因素对中国人维生素 D 干预效果, 生物利用率及相关结局的修饰作用**

林旭教授 中国科学院上海生命科学研究所以

14:30 15:00 **乳品蛋白质在肌肉蛋白质合成中的作用**

**Prof. Aaron Fanning** 恒天然 (Fonterra) 研发中心

15:00 15:30 **血小板及“轻络素 Fruitflow”对心血管健康作用的机制**

**Prof. Niamh O'Kennedy** 英国 Aberdeen 大学 Rowett 营养与健康研究院

15:30 15:40 **汤臣倍健与帝斯曼新功能研发战略合作发布仪式**

15:40	15:55	茶歇
15:55	16:25	<b>膳食、顺应性和一生健康</b> Prof. Baukje de Roos 英国 Aberdeen 大学 Rowett 营养与健康研究院
16:25	16:45	<b>抗氧化补充剂对认知功能障碍作用研究</b> 洪燕教授 中国军事医学科学院
16:45	17:05	<b>Omega-3 脂肪酸对儿童认知功能作用的随机对照试验</b> 朱惠莲教授 中山大学公共卫生学院营养学系
17:05	17:30	<b>汤臣倍健营养科学研究基金 2016 年中标项目发布会</b>
18:30	21:00	欢迎晚宴（凭会议餐卷）

**11月18日 星期五**

**18-Nov 8:30-12:00am (中山大学论坛)**

8:30	8:40	<b>中山大学公共卫生学院及营养学科介绍</b>
8:40	9:10	<b>食物与健康-科学证据共识</b> 马爱国教授 青岛大学营养学系
9:10	9:40	<b>生育三烯酚和脂肪生成：甲羟戊酸途径的作用</b> Prof. Huanbiao Mo 美国乔治亚州立大学营养系
9:40	10:10	<b>叶酸对轻度认知功能障碍老年人干预效果的研究</b> 黄国伟教授 天津医科大学营养学系
10:10	10:30	茶歇
10:30	11:00	<b>营养毒理学研究进展</b> 张立实教授 四川大学华西公共卫生学院营养系
11:00	11:30	<b>精准营养及其应用思考</b> 糜漫天教授 第三军医大学营养与食品安全学系
11:30	12:00	<b>微量元素与 2 型糖尿病的关联性研究</b> 刘烈刚教授 华中科技大学公共卫生学院营养系
12:00	12:10	Q&A
12:10	13:30	午餐

**18-Nov 13:30-17:30pm**

13:30	14:00	<b>我国老年人动物性食物消费状况与营养健康改善</b> 张坚研究员 中国 CDC 营养与食品安全所，中国营养学会老年分会
14:00	14:30	<b>蛋白质营养对老年人健康和临床结局的影响</b> 孙建琴教授 复旦大学华东医院营养科
14:30	15:00	<b>DASH Diet/地中海膳食：保护身心健康最好的膳食模式</b> 王燕芳教授 北京大学临床研究所
15:00	15:30	<b>广州中老年人营养因素与骨质疏松及骨折关系的研究</b> 陈裕明教授 中山大学公共卫生学院医学统计流行病学系
15:30	15:50	茶歇

- 15:30 16:20 **特殊医学用途配方食品在老年人的应用**  
马文君主任医师 广东省人民医院临床营养科
- 16:20 16:50 **在高影响营养杂志发表你的论文：原则与实践**  
Prof. Katherine L. Tucker 美国麻省大学/马萨诸塞大学, *AdvNutr* 杂志主编
- 16:50 17:20 **如何写作高水平的 SCI 论文**  
Prof. Teresa A. Davis 美国贝勒 (Baylor) 医学院儿童营养中心, *JNutr* 杂志主编
- 17:20 17:30 结束致辞--凌文华教授

**11月19日 星期六**

**8:00 16:30 汤臣倍健珠海透明工厂参观（免费，需提前报名，有车接送往返广州）**

- 8:00 10:30 广州（出发）—珠海工厂  
出发地点：翡翠皇冠假日酒店 地铁体育西路 G 出口
- 10:40 11:50 参观珠海透明工厂
- 12:00 13:00 午餐（围餐）
- 13:15 16:30 珠海（出发）—广州体育西（16:00）—翡翠皇冠假日酒店  
到达地点：翡翠皇冠假日酒店 地铁体育西路 G 出口

## Symposium Program

17-Nov		8:30-12:00am
8:30	8:50	Opening
8:50	9:20	<b>Nutrition Considerations for Older Adults</b> <b>Prof. Katherine L Tucker</b> University of Massachusetts Lowell, USA
9:20	9:50	<b>Timing of Nutrient Delivery Impacts Protein Synthesis in Skeletal Muscle and Lean Growth</b> <b>Prof. Teresa A. Davis</b> Baylor College of Medicine, USA
9:50	10:20	<b>Progresses and considerations on the issue of Chinese Registered Dietitian</b> <b>Prof. Yuexin Yang</b> Chinese Center for Disease Control and Prevention; Chinese Society of Nutrition
10:20	10:40	<b>Tea Break &amp; Group Photo</b>
10:40	11:10	<b>Genetic Determinants of Iron Status and Potential Impact on Risk of Chronic Disease in Asians</b> <b>Prof. Kimberly O'Brien</b> Cornell University
11:10	11:40	<b>Health China 2030: Opportunities and Challenges for Nutrition</b> <b>Prof. Xiaoguang Yang</b> Chinese Center for Disease Control and Prevention
11:40	12:10	<b>Salt reduction and prevention of cardiovascular diseases: A population study</b> <b>Prof. Yangfeng Wu</b> Institute of Clinical Research, Peking University
12:10	12:20	Q&A
12:20	13:30	Lunch
17-Nov		13:30-17:30pm
13:30	14:00	<b>Applications of Medical foods in the intervention of Alzheimer's diseases at early stage</b> <b>Prof. Jiazuan Ni</b> School of life Science, Shenzhen University; Academician of Chinese Academy of Sciences
14:00	14:30	<b>Genetic and Non-genetic Modifications on Vitamin D Intervention Efficacy, Bioavailability and Related Outcomes in Chinese</b> <b>Prof. X u Lin</b> Shanghai Institutes for Biological Sciences, Chinese Academy of Sciences
14:30	15:00	<b>The Role of Dairy Proteins in Muscle Protein Synthesis</b> <b>Prof. Aaron Fanning</b> Fonterra Research and Development Centre

15:00	15:30	<b>Cardiovascular Health Mechanism involving Platelet and the Fruitflow</b> <b>Prof. Niamh O'kennedy</b> Rowett Institute of Nutrition and Health, University of Aberdeen, UK
15:30	15:40	<b>Launching Ceremony of R&amp;D Strategic Cooperation between By-Health and DSM</b>
15:40	15:55	Tea Break & Group Photo
15:55	16:25	<b>Diet, Resilience and Lifelong Health</b> <b>Prof. Baukje de Roos</b> Rowett Institute of Nutrition and Health, University of Aberdeen, UK
16:25	16:45	<b>Effects of Antioxidant Supplements on Cognitive Function</b> <b>Prof. Yan Hong</b> Academy of Military Medical Science of China
16:45	17:05	<b>Effects of Supplementation of Omega-3 Fatty Acids on Cognitive Function in Children: A RCT</b> <b>Prof. Huilian Zhu</b> Department of Nutrition, Sun Yat-sen University
17:05	17:30	<b>Launching Ceremony of 2016 Nutrition Science Foundation of By-Health</b>
18:30	21:00	Welcome Dinner
18-Nov	8:30-12:00am	
8:30	8:40	Opening
8:40	9:10	<b>Food and Health: Evidence Based Review</b> <b>Prof. Aiguo Ma</b> School of Public Health, Qingdao University
9:10	9:40	<b>Tocotrienol and adipogenesis: role of the mevalonate pathway</b> <b>Prof. Huanbiao Mo</b> Georgia State University, USA
9:40	10:10	<b>Effects of folate Supplementation in Mild Cognitive impairment in Elderly</b> <b>Prof. Guowei Huang</b> School of Public Health, Tianjin Medical University
10:10	10:40	<b>Research Progresses in Nutritional Toxicology</b> <b>Prof. Lishi Zhang</b> Huaxi School of Public Health, Sichuan University
10:40	11:00	Tea Break
11:00	11:30	<b>Precision Nutrition and considerations of its application</b> <b>Prof. MantianMi</b> Department of Nutrition, the Third Military Medical University
11:30	12:00	<b>Associations of Microelements with type 2 Diabetes</b> <b>Prof. Liegang Liu</b> School of Public Health, Huazhong University of Science and Technology
12:00	12:10	Q&A

12:10	13:30	Lunch time
18-Nov	13:30-17:30pm	
13:30	14:00	<b>Consumption Status of Animal Foods and Improvements of Nutrition and Health in Elderly in China</b> <b>Dr. Jian Zhang</b> Chinese Center for Disease Control and Prevention; Division of Geriatric Nutrition, Chinese Society of Nutrition
14:00	14:30	<b>Impacts of Protein Nutrition on Health and Clinical Endpoints in Elderly</b> <b>Prof. Jianqin Sun</b> Department of Clinical Nutrition, Huadong Hospital Affiliated to Fudan University; Division of Geriatric Nutrition, Chinese Society of Nutrition
14:30	15:00	<b>DASH Diet/Mediterranean Diet: the best dietary patterns for Health</b> <b>Prof. Yanfang Wang</b> Institute of Clinical Research, Peking University
15:00	15:30	<b>Associations of Nutritional factors with bone health in Middle-aged and Elderly adults in Guangzhou</b> <b>Prof. Yunming Chen</b> Department of Medical Statistics & Epidemiology, Sun Yat-sen University
15:30	15:50	Tea break
15:50	16:20	<b>Applications of Special Medical Formula foods in the Elderly</b> <b>Prof. Wenjun Ma</b> Department of Clinical Nutrition, Guangdong Provincial People's Hospital
16:20	16:50	<b>Publishing Your Papers in High Impact Nutrition Journals: Principles and Practice</b> <b>Prof. Katherine L. Tucker</b> University of Massachusetts Lowell, USA, “ <i>AdvNutr</i> ” Chief Editor
16:50	17:20	<b>Manuscript Writing</b> <b>Prof. Teresa A. Davis</b> Baylor College of Medicine, USA, “ <i>JNutr</i> ” Editor in Chief
		<b>Close remarks</b>
17:20	17:30	<b>Prof. Wenhua Ling,</b> Department of Nutrition, Sun Yat-sen University